ILC-France
Activity Report 2010

1. Organization of ILC-France
CEO : Pr Françoise FORETTE
Scientific Director : Dr Marie-Anne BRIEU
Administrative and finance Director : Dr Jean-Claude SALORD
Project managers : Mrs Jacqueline GAUSSENS i Isabelle BESSON
Administrative assistant : Marie-Claude MARTEL - info@ilcfrance.org
Research Collaborators :
- Pr Claude Le Pen, Bernard Cottet, Dr. Laurent Goldstein (study : “Entreprises en bonne santé”)
- Carole Dufouil, Dr. Brigitte Heuls (ORLANDO's study - “Is older age retirement related to delayed clinical dementia onset ?“

Members of ILC France’s board :
President : Bernard PEJOUAN
Vice-president : Pierre JOLY
General Secretary : Bernard FORETTE
Treasurer : Jean-François HENRY

2. Achievements of ILC-France in 2010

ILC France pursue in 2010 its main objectives :
- Research on Longevity issues,
- Influencing decision makers in favor of the aging population and
- Communication.

2.1 Research
All research projects aim at promoting health prevention and activity as a long life perspective.

2.1.1 « Healthy Companies Project – (EBS Entreprises en Bonne Santé)
This research program aims at assessing the impact of a prevention programme among collaborators of companies. ILC partners are: Dr. Goldstein, Mondial Assistance, Allianz Group, Claude Le Pen, Professor of Economy, University of Paris Dauphine, B. Cottet, Didacthem, Continuing Education Institute.

The prevention programme promotes healthy behaviour (nutrition and physical activity) and the prevention of back pain. It was conducted in 3 companies:
1- LILLY France: The study has been completed in 2008,
2- PREVOIR Insurance Company: The study has been completed in 2010
2.1.2 ORLANDO Study “Is older age retirement related to delayed clinical
dementia onset? “

The study is designed to determine in a population of more than 15,000 people, men and women
whether cognitive stimulation associated with a longer working life may postpone the clinical
symptoms of Alzheimer's disease (AD).

The study is run in collaboration with :
- Dr Brigitte Heuls - RSI (social security system for independent workers) - St-Denis,
- Carole Dufouil researche at Inserm - La Salpetriere i Paris.

This is a retrospective study based on existing databases of RSI that allow to cross “disease” data and “retirement” data managed by the same organization.

This work will determine if there is a difference in the age of retirement between people with AD and a control population, matched on age, gender, socio-professional category.

Moreover, it will measure time in days elapsed between the age of retirement and the date of the
diagnosis of AD.

2.1.3 Collaboration with ILC Japan in the “International Comparative Study on
Ideal Terminal Care and Death”.

The aim of the French part of the study is to map the most completely and accurately as
possible, palliative care in France. Data has been collected in the palliative care services by the mean of detailed questionnaires filled by physicians, nurses and social workers.

The Japanese principal investigator was then able to compare the French data with those collected in other countries and make recommendations to improve support for people and their families while taking into account he cultural and social differences.

2.2 Influencing decision makers

2.2.1 Parliamentary Study Group on Longevity.

MPs are the primary actors involved in the process of substantial reforms, particularly the reform of
pensions. To deal with the lack of accurate information of MPs on the "longevity revolution" in our
country, ILC France proposed to Dr. Denis Jacquat MP of Moselle and vice president of the
Commission of Cultural, Family and Social Affairs of the Parliament, to create the Study Group on
Longevity in 2006. This group is enriched by the network of ILC-France. Proceedings of each hearing
are available on demand.

Six hearings were held in 2010 :

- February 23 : “Demographic evolution and immigration”, Hervé Le Bras,
  Demographer, historian, writer, director of studies at the Ecole des Hautes Etudes en
  Sciences Sociales and Director of the Laboratory of Historical Demography (EHESS/CNRS)
- May 4 : " Guardianship, curatorship : status in 2010. What are the prospects ?"
  Florence FRESNEL- Lawyer, specialist of the right of persons
• June 1st: “Is there a policy for seniors in the General Direction of Health (DGS) Didier HOUSIN, Director General of Health. Professor of Surgery at the University René Descartes-Paris and head of department of Surgery at Cochin Hospital.

• July 6: “Reform of the retirement home (EPHAD) financing, drugs and quality of care” Pierre NAVES, Inspector General of Health, Muriel Dahan, Pharmacist, former advisor to the Minister of Health, Youth and Sports, Nathalie MAUBOURGUET-AKE, MD, President of the French Federation of Medical Coordinators in retirement homes (FFAMCO)


• December 10: “Sustainable development and longevity: the same challenge ?” Henri LERIDON, Academy of Sciences, Professor at the College de France, Research Director at the National Institute of Demographic Studies.


Under the auspices of Roselyne Bachelot-Narquin, Ministry of Health and Eric Woerth Ministry of Work and Solidarity. Co-chaired by ILC-France and Denis Jacquel MP-. ILC-France is in charge of the scientific direction. These parliamentary meetings gather a public of 200 policymakers, institution representatives and geriatricians. Complete proceedings are published and available on demand or on the web-site (www.ilcfrance.org) for the 17th meeting.


As part of the pension reform, ILC France was invited to participate in the deliberations. The law is being prepared by Parliament and was voted in September 2010.

2.3 Communication, other symposia, working group

• HSBC insurance – January 11, 2010 - Paris Launch of the study EBS in this insurance company.

• Foresight/Science and Innovation Network Workshop ‘Unlocking and utilising the mental capital of the ageing population: international perspectives and opportunities’ î January 20, 2010, City Inn, London, UK

• Economic and Social French Council - March 17, 2010 - Paris. Presentation of “Women’s health in France”


• ROCHE – Pharmaceutical Industry - 1st Annual Conference of the chronic disease – May 11, 2010 - Paris. Chairman of a round table on “Medical and sanitary specificities in chronic diseases”

• Chairman at Alzheimer-Parkinson Meeting – May 29 and 30, 2010 - Copenhagen. Danemark
2.4 Other activities

Radio, TV and press interviews
Le Point, France 2, Liberation, East Republican, Women today, RMC, LCI, France-Inter, Panorama Du Médecin, "It is in the air" France 5.

Academic conferences for Institutions or Congresses: Meetings on "Dependency" at the Ministry of Social Affairs (Fr. EWALD), Columbia University-Paris, French Hypertension annual meeting, National Congress of Human Resources directors.

Meetings with companies and other personalities: Dr. Nora BERRA (Ministry of Elderly), Mr. WIEDMER (HSBC), Dr. De NORMANDIE (Korian), Dr. K. BLOCH (Sanofi Pasteur), Dr. P. GUILLET (Sanofi), Mr. F. RIBOUD (President Danone), Dr. DUVEAU (Eisai), Mr. P. BAS (former Ministry of Social Security, Elderly and Handicapped persons), Mr. M. ALBRECHT (Nutritia), Mr. GROUCHKA (Prime Minister Adviser), Dr. S. GONI (Lundbeck), Mr. N. OKUDA (Japanese Embassy), Mr. J.N. TALABARDON (Novartis), Mrs. F. LUSTMAN (Alzheimer’s Plan 2008-2012).

Meetings for EBS study: Gras-Savoye, SNECMA, Mrs. J. HERMANT (Axa), Mr. G. de ROBIEN, Dr. F. SARKOZY (LongeviTV), Mr. J.H. LORENZI (Risk Foundation), Méderic Alzheimer Foundation, Mr. HERYES (DGS), Mr. N. FREMDER (Alzheimer Train), Mr. HILLION (Air Liquide), Mr. L. VACHEY (CNSA), Ministry of Research, Presidents of Funds retirement.

Institutions Memberships: Board of the Institute of Life Sciences, Cardio-geriatrics Group of French Society of Geriatric and Gerontology (SFGG) and the French Society of Cardiology (SFC), Scientific Board of the MAPT Study Toulouse, Foundation for Alzheimer Scientific Cooperation, Scientific Board of the Association Robert Debré, Scientific Board of SFGG, Board "ENVIÂGE" Novartis, Scientific...
Board of EXHONIT, Board of Équilibre et population, Board of the IMPACT Study (Pfizer), Alzheimer vaccine Safety Monitoring Committee AC001 EU/US/Japan (Pfizer-Wyeth), Scientific Board of Ages study (Sanofi Aventis), Scientific Board of Souvenaid study (Nutricia), Presidency of Collectif Alzheimer National College of Professors of Geriatrics, Board of the Foundation Leroy-Merlin, Board of Directors of Broca, IAGG 2009 Board, Steering Committee of the Presidential Alzheimer Plan, General Manager of FNG.

Participation in FNG program "Growing is Aging". Chronos’s prize awarded at the 16th Bookfair - 2010 - Paris- www.prix-chronos.org
Website of ILC-France : http://www.ilcfrance.org
Information: info@ilcfrance.org , 49 rue Mirabeau 75016 PARIS, France, Tel : +33 1 55 74 67 09