

Annual Activity Report 2013-2014

- 1. Mission ILC-DR
- 1.1 Advance in the concept of healthy ageing reviewing actual knowledge and identifying areas of research that could help diminish the adverse effects associated with ageing.
- 1.2 To promote productive ageing
- 1.3 To fight age discrimination
- 2. Vision
- 2.1 Dedicated to the development of policies, our vision is basically to help individuals, Government, politicians and businessmen and women to visualize ageing in a positive and constructive way pointing out the contributions older adults make to society.
- 3. Research
- 3.1 Incidence of Sarcopenia in the older Population in the Community of Villas Agricolas. This is a community in Santo Domingo which has a high incidence of social and economic problems and their nutrition is compromised. We want to link the incidence of sarcopenia to problems of mobility, high frequency of hospital admission s and general ill health and once we prove that, encourage the intervention of the Ministry of Health and Social Assistance to create a program to improve nutrition and promote health. We are at this moment identifying the population in order to do the necessary studies to make the diagnosis.
 - 4. Activities

4.1 On the first of October 2013, ILC-DR celebrated an activity together with the Dominican Network for Dignity in Old Age which Dr. Pereyra presides, with the participation of 250 older adults demanding from Government a more active participation at the UN in the fight for a Convention on Human Rights for Older People. This as usual had a great media coverage.

4.2 In November 2013, Dr. Pereyra went to the United Nations to speak at the 5th OWEG Session on Sustainable Development Goals.

4.3 March 2014 Dr. Pereyra attended the Latin American Congress of Geriatrics and Gerontology and spoke on "The Proposal for a Convention on Human Rights of Older People and the Importance of its Approval.

4.4 April 2014 Dr. Pereyra went to Panama to participate in a 3 days crash course on Sarcopenia.

4.5 May 2014 Dr. Pereyra travelled to Cancun. Mexico to receive a Doctorate Honoris Causa.

4.6 On WEAAD commemoration, ILC-DR organized a symposium with the participation of a representative of the Peoples Defender's Office and the President of the Human Rights Commission in the DR.

4.7 June 2014 Dr. Pereyra and 2 other members of the Dominican Network visited the office of the First Lady and presented a document on the actions to be taken to diminish the incidence of abuse in the DR.

4.8 August 2014 Dr. Pereyra was elected Vice-President of INPEA

4.9 Sept 2014 ILC-DR and the Dominican Network for Dignity in Old Age organized a visit to the House of Representatives with 80 older persons to ask their support for the demand of a noncontributory pension

5.1 On the 1st of October, ILC-DR organized a pacific stand up to demand the implementation of the Subsidized Regime of the Social Security Law that entitles every person over 60 to have noncontributory pension. That activity had a tremendous media coverage. At the same time we handled a communication addressed to the President where we gave our considerations about the ways to get the financial support for the implementation of such a pension.