

# Annual Report 2012-2013

International Longevity Center D-R

## *Introducción*

### **1. Mission of ILC-DR**

2.1 To advance in the concept of healthy ageing reviewing actual knowledge and identifying areas of research that could help diminish the adverse effects associated with ageing.

2.2 To promote productive ageing

2.3 To fight age discrimination

### **2. Vision**

3.1 Dedicated to the development of politics, our vision is basically to help individuals, government, politicians and businessmen and women to visualize ageing in a positive and constructive way pointing out the contributions older adults make to society.

### **3. Activities ILC-DR for 2012-2013**

3.1 On the 1st of October, celebrating the International day of Older Persons, ILC-DR together with the Dominican Network for Dignity in Old Age delivered a flower offer to our founding fathers pantheon and Dr. Pereyra issued a press release encouraging the government of the Dominican Republic among other things, to support the international efforts towards a Convention on the Rights of Older Persons

3.2 On the same day, Dr. Pereyra was presented with an award as one of the 30 Great Dominicans for the continuous efforts and work to improve the quality of life of the older Dominican. That is a selection done every 4 years.

3.3 On the 6th of October, ILC-DR and the Dominican Network for Dignity in Old Age with the collaboration of Help Age International prepared an activity for 200 older Dominicans to talk about their rights and to show the Dominican society that they were organizing themselves and knew what they wanted.

3.4 On the 15th of December, 2012 in Association with the Catholic University of Santo Domingo and the private enterprise 2G, ILC-DR organized a seminar on the Law of Attraction dictated by the International speaker Luigi Soja. This was done in the middle of an electoral year where people were looking for ideas on how to cope with the day today difficulties and how they were affecting their quality of life.

3.5 On Friday the 8th of February this year, Dr. Pereyra was invited by the Dominican Society of Neurology to give a conference on “Minimum Cognitive impairment” and its importance in early detection of Alzheimer’s disease.

3.6 On the 23rd of March Dr. Pereyra was invited by Help Age International to participate in the High Level Panel Meeting to be celebrated in Bali, Indonesia and where the Post 2015 Development Agenda was going to be discussed and Civil Society was given the opportunity to express their opinion. On that occasion Dr. Pereyra had the opportunity to exchange views with Ms. Amina Mohammed, Special Adviser to the ONU’s General Secretary, Mrs. Patricia Espinosa, Past Minister of Foreign Relations of Mexico and Mrs. Maria Angela Holguin, current Foreign Minister of Colombia.

3.7 On the 8<sup>th</sup> of May, and based on the book written by our dear Dr. Butler “The Longevity Prescription”, ILC-DR, with the collaboration of The Catholic University of Santo Domingo and 2G a private enterprise, organized the 2nd Symposium Adding Life to Your Years. Vitality without Age, where we focused on the 8 proven keys to a long and healthy life. The activity was a complete success and received a great media coverage.



3.8 At the moment ILC-DR together with the Dominican Network for Dignity ion Old Age is organizing the activities to commemorate Awareness day on the 15<sup>th</sup> of June.

#### **4. Research**

4.1 ILC-DR has participated in the collaborative projects Productive ageing, Conditions and Opportunities, Active and Healthy Ageing and The Caregiving Study”

#### **5. Project**

5.1 ILC-DR is organizing a project to train young women and men to provide formal care for older people. That is an identifie4d need in our country. We are at this moment finishing the elaboration of the training manual and once that is done we will start recruiting the participants. This project will give the opportunity to a number of people to have a formal employment and at the same time will improve quality of care to those older people that contract them.

#### **6. Ongoing project**

6.1 We are in the final stages of our project “Coverage of Pension in the Dominican Republic”. Only recently have we been able to get official data and because we based our enquires on the Law of Free Access to Information.