

Activity report ILC France 2025

Important administrative information. ILC France is an association that has just been recognized by the public authorities as being of “General Interest”. This status is worth highlighting as it should facilitate the search for Donations that are useful for its smooth running.

The team is delighted to welcome two new members: a retired journalist and the Secretary General of the Regional Coordination of Retired and Elderly People of Ile de France.

On the scientific front, several successful initiatives marked the year 2025:

Since 2022, ILC France and the **CESE** (Economic, Social and Environmental Council), the third constitutional assembly of the French Republic, have engaged in an ongoing collaboration aimed at fueling public debate on the major challenges of longevity.

This partnership has made it possible to organize several thematic meetings per year within this body, entitled the **Longevity Talks**. These talks have given rise to noteworthy presentations on a variety of topics: the economic value of seniors, the contribution of nudges to prevention, digital technology in health, housing and mobility, and more specifically physical activity and longevity.

In 2024 and 2025, the meetings focused on a new theme: **“Promoting volunteer engagement among seniors in the world of sports.”** The aim was to take into account the mobilization of French people wanting to get involved in regular physical activity following the positive impact of the Olympic Games held in Paris, but also to note a decrease in the number of senior volunteers in the management and running of sports clubs. All this analytical work, which drew on the expertise of some 30 experts and practitioners in the field, led to the organization of a symposium on “promoting volunteer engagement among seniors in the world of sport.” The event resulted in the joint development of guidelines and recommendations, which were compiled in a widely distributed publication.

Financing “dependency” in France. ILC France has been working on this issue for several years, with a model that has been published. A national solution remains a long way off given the current economic context in France.

“Nudges and Prevention” study: This research is now complete. A rigorous methodology was followed to produce prototypes of three selected nudges aimed at encouraging retirees to take preventive action: a gentle incentive on a virtuous path. The prototypes were tested in the Île-de-France region with a partner. The results will be published in 2026.

VIEWS Study (Vaccination of the Elderly): ILC France, which initiated this project, would like to thank the Global Alliance ILCs that agreed to participate in this study covering different countries on five continents. The aim is to assess the current situation regarding vaccination among older people in these countries, identify

differences, obtain vaccination coverage rates, analyze the barriers encountered for different vaccines, and the levers implemented by certain countries. The vaccines studied are those directly recommended for people over 60 years of age.

Fifteen ILCs, with the exception of China, returned the completed questionnaire. The analysis was carried out by statisticians at Grenoble University Hospital, with the help of Professor Gaëtan Gavazzi, who produced a detailed statistical report. A global index of vaccination among the elderly, considered the most original part of the study, was developed. A publication will be submitted to a specialist public health journal and a poster will be presented at the IAGG congress in Amsterdam in 2026. ILC France would like to once again thank the ILCs that contributed to this study.

This collaboration with the ILC Global Alliance has highlighted the responsiveness of the partners, who have appreciated this collective work. Other studies could be conducted in the coming years: prevention in old age, financing the loss of autonomy, etc.

Bernard Forette Prize: launched in five years ago by ILC France in 2021, this award is the result of a partnership with the French Society of Geriatrics and Gerontology. Each year, it recognizes work in the field of digital technology. The theme for 2025 is: "How can artificial intelligence be used to benefit older people? The winning project focuses on AI-assisted cardiac ultrasound.

In 2026, work already underway (on frailty and nudges) will continue, and new topics will also be explored.