ILC South Africa Activities Bi-Annual Report, 2021/2022

ILC SA functions as a partnership operating at two sites, namely AT the University of Cape Town's Albertina and Walter Sisulu Institute of Ageing and North-West University's Optentia Research Focus Area. Thus, expanding, and diversifying ILC SA's thrusts and programmes, and extending its presence, relevance, and influence, as well as research and policy programmes geographically.

Current and recent projects

The 2021/22 period was still dominated by the effects of COVID-19 with impacts on face-to-face research. Nonetheless, research / policy-oriented projects conducted and completed included the following:

- 1. Finalised the Development of a Care Economy Strategy for Gauteng Province. The province's development agenda is aimed at education and skills enhancement and decent work and business opportunities for its large young population, particularly women. The project aimed to develop a long-term care economy as a potential key source for future job growth through job and enterprise creation to meet the growing care needs of the province's older population. The Department of Economic Development has partnered with NWU to co-create and develop an evidence-based strategy for this purpose, with Jaco Hoffman as leader of the core team.
- 2. Finalised a report for the Gauteng's Office of The Premier on Housing for Older Persons in Gauteng in partnership with the Departments of Human Settlements and Social Development. This desktop study with Jaco Hoffman as Principal Investigator of extant literature and policy architecture provide evidence on older persons' housing needs across the city region. Options to address accommodation challenges are suggested.
- 3. Finalised a scoping review on Rural Communities for Ageing Wellbeing: Latin America and Sub-Saharan Africa (Comunidades Rurales para el Bienestardel Envejecimiento: América Latina y ÁfricaSubsahariana). The project (RuComm-4-AgeWell / RuComm-para-EnvejBien), aimed at ensuring communities in these countries foster older persons' capabilities, will generate a baseline understanding of rural contexts and wellbeing outcomes for older residents. Rural communities are home to some of the most disadvantaged and marginalised people. These geographic territories face challenges of climate change, poverty, and lack of critical infrastructure. The project aims to reduce rural older people's invisibility in the Global South. The core team comprises Nereide Curreri (Stirling University, UK), Jose Parodi (Universidad de San Martín de Porres, Lima, Peru), Jaco Hoffman (NWU), Norah Keating (University of Alberta, Canada / NWU), Andrew Banda (NWU / University of Zambia) and Anjonet Jordaan (NWU).
- 4. Jaco Hoffman with Isabella Aboderin and HelpAge Africa reviewed and revised the African Union Policy Framework and Plan of Action on Ageing and generated the core document through wide consultation, including Sebastiana Kalula. This pan-African policy was approved by the Heads of Member States of the African Union at the 41st Ordinary Session of the Executive Council, 14-15 July 2022, Lusaka, Zambia as Executive Council Decision [EX.CL/Dec.1169(XLI)]. It was subsequently translated in English, French, Portuguese, and Arabic.

Webinar presentations, facilitation

1. NWU webinar, facilitated by Jaco Hoffman, 9 March 2021: "The COVID-19 pandemic: From global crisis to a better world." Lecture given by Prof Ian Goldin, University of Oxford, UK.

- 2. Sebastiana Kalula was involved with the Commission on the Status of Women (NGO CSW) Forum 66 Virtual Conference 16th March 2022. Women Working Towards Later Life: Expectations and Inspirations. Roles of older women in South Africa, how they champion the rights of women, and how they are valued within their communities.
- 3. Jaco Hoffman facilitated two virtual book launches hosted by NWU:
 - Does Community Development work? by Peter Westoby and Lucius Boteson, 20 April 2021.
 - Reflecting on presence in Nursing: A guide for practice and research Edited by Emmerentia du Plessis, 8 October 2021.
- 4. The ILC Global Alliance Gender and Ageing Committee webinar, June 2, 2021: 'Why gender matters Exploring the impact of gender on health and wellbeing in an ageing world.' Sebastiana Kalula presented on "Gender-based violence and ageing in South Africa."
- 5. Isabella Aboderin and Jaco Hoffman facilitated the Virtual Advocacy and Validation Workshop on the Review of the AU Policy Framework and Plan of Action on Ageing, 27-28 July 2021.
- 6. Jaco Hoffman participated in the IAGG / United Nations' International Day of Older Persons 2021 (UNIDOP) webinar on "Digital equity for all ages". The title of his presentation was "Leapfrog Technology: Locating Older (South) Africans at the ICT Interface towards digital inclusion for all."
- 7. Hoffman, J. Nov 2021: International Federation on Ageing (IFA) 15th Global Conference on Ageing, Niagara Falls, Canada. Developing the Long Term Care Economy in Gauteng.
- 8. Hoffman, J. Nov 2021: International Federation on Ageing (IFA) 15th Global Conference on Ageing, Niagara Falls, Canada. Rural and Remote communities for Older Persons in LA and SSA.
- 9. Hoffman, J. Nov 2021: The Gerontological Society of America Annual Scientific Meeting, Phoenix, Arizona, USA. Rural and Remote: Well-being for Older Persons in SSA and LA.
- 10. February 2022, IFA Global Cafe: In Conversation with Prof Jaco Hoffman (NWU) and Mr Lefhoko Kesamang (AU) on "Towards an Africa for All Ages: Policy Developments on Ageing in the Youngest Region"
- 11. Jaco Hoffman presented the Revised AU Policy on Ageing at the 4TH ORDINARY SESSION OF THE SPECIALIZED TECHNICAL COMMITTEE ON SOCIAL DEVELOPMENT, LABOUR, AND EMPLOYMENT (STC-SDLE4), 7-8 April 2022 Doc. EX.CL/1350(XLI)
- 12. Kalula S. World Alzheimer's Day, on 21st September 2022: "Participation in community educational presentations," with the NGO Ikamva Labantu
- 13. October December 2022, Jaco Hoffman convened with Proff Leeson (Oxon) and Klein (University of Guanajuato, Mexico) an 8 week seminar series on Ageing issues in the South at University of Oxford https://www.ageing.ox.ac.uk/events/view/480.
- 14. Kalula S. Participation in a planning panel for the NGO Ikamva Labantu's research project on Elder Abuse. 16 November 2022.
- 15. Hoffman, J. IAGG Africa Region Conference in Tunis 3-5 Nov 2022 [Organising Committee and presenter]
- 16. Roos, V. & Hoffman, J. Digital Humanities Conference 2-4 November 2022. *Older South Africans' inclusion: complementary supporting strategies*

Publications

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Rene Krause, Alan Barnard, Henriette Burger, Andre de Vos, Katya Evans, Lindsay Farrant, Nicki Fouche, **Sebastiana Kalula**, Jennie Morgan, Zainab Mohamed, Eugenio Panieri, Tasleem Ras, Peter Raubenheimer, Estelle Verburg, Kirsty Boyd, Liz Gwyther. A Delphi study to guide the development of a clinical indicator tool for palliative care in *South Africa Afr J Prim Health Care Fam Med.* 2022; 14(1): 3351. Published online 2022 May 19. doi: 10.4102/phcfm.v14i1.3351

Gie, L. & **Hoffman, J.** (2022). Development of a long-term care economy in Gauteng, South Africa: A generational and gender equality approach. *The International Journal of Care and Caring (IJCC)*.

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Roos, V. & **Hoffman, J.** (Eds.). (2022). *Age-inclusive ICT innovation for service delivery in South Africa. A developing country perspective*. Springer. (https://link.springer.com/book/10.1007/978-3-030-94606-7)

Gabrielle Kelly, **Sebastiana Kalula**, Simone Steyn, and Leon Geffen, for World Health Organization. Regional Office for Africa. (2021). *Assessing the impact of Covid-19 on older people in the African Region: a study conducted by the World Health Organization Regional Office for Africa*. World Health Organization. Regional Office for Africa. https://apps.who.int/iris/handle/10665/351134. License: CC BY-NC-SA 3.0 IGO

Tamara Alhambra-Borrás, Tarryn A. Blouws, Alejandro Gil-Salmerón, Estrella Durá-Ferrandis & **Sebastiana Z. Kalula** (2021) Older people's dialogue about loneliness and social support: A cross-cultural qualitative study conducted in Spain and South Africa. *International Journal of Social Psychology*, Published online: 06 Aug 2021. DOI: 10.1080/02134748.2021.1940702

Mendham AE, Lundin-Olsson L, Goedecke JH, Micklesfield LK, Christensen DL, Gallagher IJ, Myburgh KH, Odunitan-Wayas FA, Lambert EV, **Kalula S**, Hunter AM, Brooks NE. Sarcopenic obesity in Africa: A call for diagnostic methods and appropriate interventions. *Front Nutr.* 2021 Apr 16;8:661170. doi: 10.3389/fnut.2021.661170. PMID: 33937309; PMCID: PMC8085278.

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