

ILC-France Report - year 2020/2021

ILC-France, chaired by Jean-Pierre Wiedmer, has developed national and international work during this period.

ILC-France is organized as follows

- The Strategic and Scientific Orientation Committee (COSS), chaired by Professor Françoise Forette. This Committee is multidisciplinary, including an economist, a demographer, a sociologist, a philosopher, physicians, as well as institutional leaders, all involved in the gerontological field
- A multidisciplinary team allowing the contribution of diversified and complementary skills: Jean-Pierre Aquino, director, Jean-Claude Salord, administrative and financial director, Marie-Anne Brieu, Didier Halimi and Charles Lambert, scientific advisors.
- The choice of research topics meets several criteria: the multidisciplinary nature of the project, a resolutely scientific approach, results leading to concrete and practical actions, and dissemination of the results.

Studies and actions conducted by ILC France

"Validation of a procedure for identifying frailty by self-assessment among retirees aged 70 and over" This study was designed internally and undertaken with the Social Security system (CNAV), the Gerontopôle of the Toulouse University Hospital and the Broca Hospital in Paris, with the financial support of Malakoff-Humanis (mutual social protection group) and the ARS (Regional Health Agency) of Ile de France and Occitanie.

The project is now completed and has validated a procedure for identifying frailty based on a simple self-assessment questionnaire completed by the user at home.

A publication in a peer-reviewed journal is in progress.

Financing dependency care

The remaining expenses are still overwhelming for families despite successive government measures. ILC's proposal is based on a major principle: all salaried and non-salaried citizens and retirees contribute so that the contributions are as minimal as possible (for example, one euro per day, with a modulation according to income) but mandatory and independent of the health status. The benefits are non-taxable and indexed to salaries and complete the existing APA (Personalized Autonomy Allowance).

Several meetings were held with various advisors: the Ministry of Solidarity and Health, the Ministry of Finance, the Prime Minister's Office, as well as with the President of the National Solidarity Fund for Autonomy (CNSA).

They are attentive and the project is considered interesting, but with a reservation on an additional compulsory contribution.

Organization of webinars

ILC-France is organizing webinars on topics related to longevity:

- technologies (Alain Franco)
- Covid and democracy (Pierre-Henri Tavoillot)
- financial vulnerability (Jean-Pierre Wiedmer)

- positive aspects of caregiver support (Linda Garcia - ILC Canada)

First edition of the “Bernard Forette Award “

Initiated by ILC-France, this award benefits from a partnership with the French Society of Geriatrics and Gerontology (SFGG).

The theme chosen for the first edition in 2021 was "the longevity revolution and the digital revolution". The winner is the "Payelo" project presented by Nicolas Schotter.

It is an expense management solution for individuals. Its ambition is to relieve family caregivers and to fight against the financial abuse of vulnerable elderly people. The proposed solution is a prepaid card integrating an expense management application for individuals. No purchase can be made without the prior agreement of the caregiver holding the card.

A second edition is planned for 2022. The theme will be the digital divide.

Ongoing and future projects of ILC France

Information and Lobbying

The parliamentary group of the National Assembly on longevity could not be continued and contacts are established with the Economic, Social and Environmental Council (CESE). While waiting for this partnership to materialize ILC-France is organizing webinars on topics related to longevity.

Survey on the vaccination rate of people over 65 in ILC-Global Alliance countries

The protocol is completed with a COVID component. It has been finalized and presented to two pharma companies for funding.

Nudge and prevention

How to encourage retirees to adopt virtuous behaviors and adhere to prevention proposals?

"In a world in transition, being a senior tomorrow in a small town" (National Agency for Territorial Cohesion)

Participation of ILC-France to be confirmed

ILC-France's participation in studies conducted by ILC Global-Alliance

- **Long term care:** Australia
- **Social exclusion:** Japan
- **Caregiving:** Canada
- **Report on economic opportunities of ageing:** UK