

Centre of Expertise in Longevity and Long-term care
Faculty of Humanities, Charles University of Prague

2018/2019 Biennial Report



October 2019

Ongoing research projects

Vulnerable residents in fragile residences: An inquiry into tensions of residential care

Registration number: 19-07724S

Czech Science Foundation (Grantová agentura České republiky), 2019-2021, board No. P404

This qualitative sociological research focuses on a specific tension in residential care for people identified as disabled: the tension between care for the residents, enabling them to live their lives as “normally” as possible, and care for the residences, safeguarding their economic and “cultural” worth. In the Czech Republic, the residential institutions are often housed in castles, monasteries or historical villas, which are similarly out-of-shape, fragile and unattached as their inhabitants. And although care for people and maintenance of things might seem to be two completely different and unrelated activities, they go hand-in-hand and cannot be separated. Our research will contribute to the recent turn of social sciences towards interest in materialities and normativities of care. In short, we will analyze a single field of practice as framed by several diverging logics and sets of values, paying attention to how the multiplicity is managed. We also hope that our research will help to improve living and working conditions in residential care facilities.

Principal investigator: Zdeněk Konopásek (CTS)

Research team members: Dana Hradcová (CELLO FHS); Michal Synek (CTS); Radek Carboch (CELLO FHS)

Long-term care for patients with dementia, analysis of the current situation in the Czech Republic and Europe, possibilities of transformation of institutional care regarding quality of life, quality of care and resource use.

Registration Number: NV18-09-00587

Czech Health Research Council (Agentura pro zdravotnický výzkum České republiky)

Project proposal reflects, in the field of long-term care of persons with dementia, the main goal of the National programme of applied research "to assure internationally comparable research for better health of our population and better response to needs of health care system in the Czech Republic". Long-term care of persons with dementia has been internationally recognized as a research priority, this attention has not attracted in the Czech Republic. The goal of the project is to analyze current situation in long-term care of persons with dementia in the Czech Republic, provide overview on this topic and comparison with

other European countries. Methods: mixed method research in long-term care institutions (data about patients, care quality, environment, team interactions, stakeholders roles etc.)

Case management as a complex intervention in dementia, its impact on resource utilisation and the quality of life of patients and caregivers

Registration Number: NV15-32942A

Czech Health Research Council (Agentura pro zdravotnický výzkum České republiky)

Case management is generally seen as a way to provide efficient, cost-saving person-centred care for people with dementia by connecting together fragmented services. The project's main aim is to explore the use of the case management method in the Czech Republic and selected EU countries, to identify factors which promote and hinder the effectiveness of case management's implementation and to develop efficient model of case management for people with dementia based on evaluation of existing services through detailed case studies.

Sociological segment of this project: **Sociological aspects of Case management in dementia and its impact on the quality of life of users of social and health services and their caregivers**

PALLIARE - Interprofessional experiential learning (IPE) solutions: equipping the qualified dementia workforce to champion evidence informed improvement to advanced dementia care and family caring

Registration Number: 2014-1-UK01-KA203-001819

Erasmus+ UK National Agency

This project will provide educational solutions in the form of innovative interprofessional learning experiences to tackle stereotyping of dementia care as low skilled and dismantle leadership barriers facing certain disciplines with a predominately female workforce. We aim to create a range of social participatory and practice based learning resources to equip qualified practitioners from all health and social care disciplines to champion improvements to extended palliative dementia care in their workplace and through membership of a facilitated virtual international community of practice.

Gerontological and Organisational Supervision (GOS)

Since 2010, CELLO, in collaboration with the Czech Alzheimer's Society, has been carrying out the project 'Gerontological and organisational supervision II - professional support and organisational supervision in accommodation facilities for older people and people with disabilities in the South Moravian region'.

The Czech - Austrian Project - The Long-term Care Study

Registration Number: 16-34873L

LA FWF and Grantová agentura České republiky

This project aims for a better understanding of long-term care provision for older people in Austria and the Czech Republic by looking specifically at health status and provision of care by both family and professional caregivers.

INDUCT - Interdisciplinary Network for Dementia Utilising Current Technology

Registration Number: H2020-MSCA-ITN-2015

European Commission - Horizon 2020

Funded through H2020 Marie Skłodowska Curie Actions – Innovative Training Networks, 2015 (grant agreement number 676265), INDUCT is aimed at developing a multi-disciplinary, inter-sectorial educational research framework for Europe to improve technology and care for people with dementia, and to provide the evidence to show how technology can improve the lives of people with dementia with the following objectives:

Needs Assessment of Family Caregivers of Elderly

Registration Number: 16-07931S

Czech Science Foundation (Grantová agentura České republiky)

Support of family caregivers became crucial now, at a time of increasing life expectancy and recognition of human right to live at home even with disabilities. The main objective of the project is to analyze the needs of family caregivers for the elderly to specify the model of changing needs of caregivers in various stages of care in relation to the characteristics of individual actors, families, the wider community and the health and social care system.

Policy and Advocacy Activities

The Practices and Politics of Description

On May 14, 2019, our colleagues Mgr. Dana Hradcová, Ph.D. and Mgr. Michal Synek will take part in the international workshop called "The Practices and Politics of Description" at Liverpool University.

Their contribution is titled "In between silence and re-describing issues of care: An attempt at ethnography of cognitive dis/ability". The more detailed program including abstracts can be found [here](#).

The Government Council for Older Persons and Population Ageing

Prof. Iva Holmerová, MD, PhD, president of the ILC-Czech Republic has been participating actively in the Government Council for Older Persons and Population Ageing on issues of long-term care, social and health policy on ageing, policy initiatives. More information on the mandate of the Council can be found at the website of [the Ministry of Labour and Social Affairs](#).

Alzheimer Plan

Prof. Iva Holmerová, MD, PhD, president of the ILC-Czech Republic has been cooperating with the Ministry of Health on issues related to the long-term care and preparation of Plan Alzheimer of the Czech Republic.

Training and Education Activities

“Music and movement as an activation and communication tool for the older adults with dementia and their care providers” - one-day course for older adults with dementia and their care providers accredited by Czech Alzheimer Association and Ministry of Labor and Social Affairs

“Longevity studies” – 4-year postgraduate program designed to appeal to all students who successfully completed master degree in broad range of specialties and who want to establish foundation in issues of aging and apply it in their clinical or theoretical careers. The aim of the course is to help to address multidimensional and complex nature of lengthening human lifespan from various perspectives. We are very proud to pronounce that this is the

first and so far only postgraduate program in the Czech Republic that focuses on such important and at the same time challenging topic.

News

September 17th - 18th, 2019 - Prague days of gerontology

This year's meeting of Gerontology professionals took place at Faculty of Architecture, CTU, Thákurova 9, Prague 6 - Dejvice.

Care and Maintenance: A Double Trouble of Residential Care

On Thursday, May 9, 2019, from 10 am to 12 pm, a public seminar entitled "Care and Maintenance: A Double Trouble of Residential Care" was held in the Center for Theoretical Studies (Husova 4, Prague 1). Zdeněk Konopásek, Radek Carboch, Dana Hradcová and Michal Synek will present a new project Vulnerable residents in fragile residences: An inquiry into tensions of residential care.

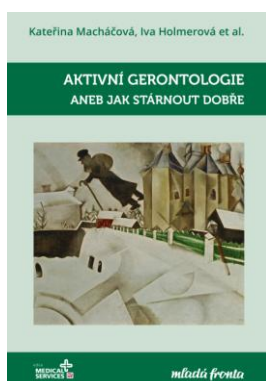
New technologies: an opportunity or challenge for an aging population?

On March 27 - 28, 2019 the third annual international conference named "(eng)aging!" was held in Prague. This year's theme is "New technologies: an opportunity or challenge for an aging population?"

Publications

Monographs

MÁCHÁČOVÁ, K., HOLMEROVÁ, I. Aktivní gerontologie aneb Jak stárnout dobře. Mladá Fronta a.s., 2019, Praha, ISBN 978-80-7571-037-6 (FHS UK) ISBN 978-80-204-5489-8 (MF).



Summary:

The population of our planet is aging and there is no doubt that we need to face up to this phenomenon. The book Active Gerontology or Aging well is a response to the current situation aiming to help not only experts but also each of us to understand the complex issue of aging and find a good balance both for ourselves and society. The goal of the book is to link theoretical knowledge and clinical practice to create an environment where we can all age well. The book is based

on recommendations of the World Health Organization and the results of the latest empirical studies. It puts this global and theoretical perspective in a unique way into the

context of Czech environment and practice. Both experts and the lay public will come to their own. After all, old age touches each of us. The book is divided into three sections. The first section is devoted to the phenomenon of aging from different perspectives and in a broader context. It breaks down myths, introduces new concepts and contexts and defines the concept of geriatric care. The second section discusses in detail the key issues of aging. For each problem, it describes why and where it comes from, what impacts it has on the everyday life of the elderly and their environment, how we can identify the problem and what measures to take. The section does not forget the carers, who are often neglected and almost always unappreciated. Readers will find lots of examples, real situations and practical tips. The last, third section presents the first tiny pieces of active gerontology in the Czech Republic and examples of good practice. The aim is to show that many problems can be prevented and that even if they appear, they can be meaningfully lived with. Experts from the fields of doctors, geriatricians, academics, philosophers, psychologists, social workers or carers led by Mgr. Kateřina Macháčová, Ph.D., and doc. MUDr. Iva Holmerová, Ph.D., contributed to the contents of this book.

HOLMEROVÁ, I. (2018) Case-management pro lidi žijící s demencí, FHS UK, Praha, ISBN 978-80-7571-031-4.



Significant articles in journals (2018 and 2019)

MARGIT HÖFLER, PAULINA RATAJCZAK, ANNA BERÁNKOVÁ, DORIS PRIESCHL, MICHAL ŠTEFFL, IVA HOLMEROVÁ A STEFANIE R. AUER (2019). Data of a sub-analysis of the DEMDATA study: characteristics of Austrian and Czech nursing homes residents, BMC Research Notes. <https://doi.org/10.1186/s13104-019-4495-6>.

SHIELLS K., HOLMEROVA I., STEFFL M., STEPANKOVA, O. (2018) Electronic patient records as a tool to facilitate care provision in nursing homes: an integrative review. *Informatics for Health and Social Care*. <https://doi.org/10.1080/17538157.2018.1496091>

MACHÁČOVÁ, K., VAŇKOVÁ, H., HOLMEROVÁ, I., ČÁBELKOVÁ, I., VOLICER L. (2018). Ratings of activities of daily living in nursing home residents: comparison of self- and proxy ratings with actual performance and the impact of cognitive status. *European Journal of Ageing* [online], <https://doi.org/10.1007/s10433-018-0456-5>.

SYNEK, M. Perfect etiquette. On diplomatically arguing with members. *Medicine Anthropology Theory*, 5 (1), 27 Apr 2018, 25–49; <https://doi.org/10.17157/mat.5.1.500>.

WATCHMAN, K., JANICKI, M. P., UDELL, L., HOGAN, M., QUINN, S., BERÁNKOVÁ, A. Consensus statement of the International Summit on Intellectual Disability and Dementia on valuing the perspectives of persons with intellectual disability. *Journal of Intellectual Disabilities*, January 2018, 1-15. ISSN 1744-6309, DOI <https://doi.org/10.1177/1744629517751817>.

On behalf of the ILC-Czech Republic

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