



## **Release: Final document of the 6<sup>th</sup> International Longevity Forum**

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*Rio de Janeiro* – “It is quite simple. The future of ageing will be defined by the levels of fairness throughout the life course. The future of our ageing depends on the future ageing of others”, says Alexandre Kalache, President of ILC-BR (International Longevity Centre Brazil) in the context of the discussions of the 6<sup>th</sup> International Longevity Forum that took place on 22<sup>nd</sup> and 23<sup>rd</sup> of November 2018, at the headquarters of Bradesco Seguros in Rio de Janeiro.

The Forum, which had as its theme the "Future of Ageing", resulted in a document entitled "Designing the Future of Ageing". This document presents the central ideas of the discussions that addressed issues such as technology and innovation, long-term and primary care, and cross-cutting issues, such as inequality, gender and race. The report highlights that gender, race/skin color, educational level and social conditions are essential determinants in the construction of longevity - both at an individual and at societal level. Ageing is a dynamic relational process. A life course marked by unmet needs, limited access or outright exclusion, accumulates disadvantages and becomes amplified in older age.

The document can be downloaded in Portuguese and English from ILC-BR's website: <http://ilcbrazil.org/publications/>.

### **The International Longevity Forum**

The International Longevity Centre Brazil (ILC-BR), in collaboration with Bradesco Seguros and other partners, holds the International Longevity Forum in Rio de Janeiro every year since 2013. Previous events focused on "creating a culture of care in response to the longevity revolution" (2013); "Gender and ageing" (2014); "Towards Age-Friendly approaches" (2015), "Age-friendly Design" (2016) and "Building Resilience throughout our increasingly longer lives" (2017), all of which produced widely circulated documents.

### **Contact**

Ina Voelcker, [ina.voelcker@ilcbrazil.org](mailto:ina.voelcker@ilcbrazil.org) or [info@ilcbrazil.org](mailto:info@ilcbrazil.org)